

# February 2 – 8

## Walk Worthy In My Family & Marriage | Submission

**Icebreaker:** When have you had to submit to someone else? Did you find that easy or hard? Why was it that way for you?

*In this session, we will consider submission's role in human relationships, especially marriage.*

### Theology of Submission

Read the following verses and talk about what we learn about submission. (see verses on the second page)

Philippians 2:3–9, Hebrews 13:17, James 4:7, 1 Peter 2:13

Read the following verses and discuss what you learn about submission within the marriage relationship. (see verses on the second page)

1 Corinthians 11:3, Colossians 3:18, Titus 2:5, 1 Timothy 2:11, 1 Peter 3:1–2

### Read Ephesians 5:18–24

- What is the connection between submission (vv.21–22) and the filling of the Spirit (v.18)? Why is this connection important?
- In v 21, how would the idea of submitting to each other change if the phrase ‘out of reverence for Christ’ was not part of the verse? If God were not a part of *any* of these verses, how would it change the tenor of what is being commanded here?
- How is the submission of believers to each other foundational to the submission of wives to husbands?
- Why is it important to understand the role wives and husbands have in a healthy marriage?
- Why is the submission of wives important in the marriage relationship? How does the connection between Christ and the church help us understand this importance?

### Application

- Are you someone who naturally submits or are you someone who has difficulty submitting to others? Why do you think you are that way?
- What are practical ways we submit to one another out of reverence for Christ? What truths motivate us to do this willingly?
- Pastor Lee talked about common misconceptions of submission within marriage  
*It's only mutual submission; it's about power and control; it's forced; it's subservience, it's silence and being a doormat, it's weakness.*
  - How is the picture of submission in the Bible different from these misconceptions?
  - How can we as the church foster a healthy understanding of submission within marriage?

### **Philippians 2:3-9**

"Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name,"

### **Hebrews 13:17**

"Obey your leaders and submit to them, for they are keeping watch over your souls, as those who will have to give an account. Let them do this with joy and not with groaning, for that would be of no advantage to you."

### **James 4:7**

"Submit yourselves therefore to God. Resist the devil, and he will flee from you."

### **1 Peter 2:13**

"Be subject for the Lord's sake to every human institution, whether it be to the emperor as supreme,"

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### **1 Corinthians 11:3**

"But I want you to understand that the head of every man is Christ, the head of a wife is her husband, and the head of Christ is God."

### **Colossians 3:18**

"Wives, submit to your husbands, as is fitting in the Lord."

### **Titus 2:5**

"To be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled."

### **1 Timothy 2:11**

"Let a woman learn quietly with all submissiveness."

### **1 Peter 3:1-2**

"Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, when they see your respectful and pure conduct."