

January 19 – 25

Walk Worthy | Walk in Wisdom

Icebreaker: Who is someone in your life who you would have characterized as being spiritually wise? What is it about them that makes them wise?

In this session, we will consider what it means to walk as a wise person and the role of God's Spirit in that type of life.

Read Ephesians 5:15–21

Paul begins by contrasting those who walk as wise people and those who walk as unwise people.

- From this passage, what are the characteristics of a wise person? An unwise person?
- We are to look carefully at how we walk. Why is intentionality necessary in the way we live?
- Why do evil days necessitate making the best use of our time?
 - What does it look like to make the best use of your time?
 - What does the opposite look like?
- What is the connection between foolishness and understanding the Lord's will? What are the keys to understanding the Lord's will?
- What are the characteristics of someone who is drunk and being controlled by alcohol? What is the definition of debauchery?
- What does this illustration of drunkenness tell us about the nature of being filled with God's Spirit?
- The verb "be filled" is a command that implies continuous action. If believers have the indwelling Spirit from the moment of salvation, why must we continue to be filled with him?
- From verses 19–20, what are the results of filling the Spirit? Why do these things result from the controlling influence of God's Spirit?

Application

- Are you intentional in living your life according to God's will? Why or why not?
- What prevents us from making the best use of our time?
- What step would help you make better use of your time?
- Share an example from your life where you were deciding between an action that would have been considered foolish and something that was within God's will. Why did you decide one way or the other?
- What has been most helpful in your life in understanding God's will?
- How have you experienced the influence of God's Spirit in your Christian walk? Consider times you have been filled with worship, thanksgiving, or a willingness to sacrifice for others.